

OPERATING INSTRUCTIONS FOR USER AT REST

The first goal should always be to escape to a place of safety! However, if escape from a toxic or oxygen deficient atmosphere is not possible (e.g. due to conditions of zero visibility), the AfroxPac can operate for up to 100 minutes when the user is at rest. This is achieved by the user sitting and not conducting any form of motion or exercise. By doing this, the body's requirements for oxygen are reduced and, therefore, a lower oxygen demand is made on the AfroxPac.

It is also essential that the user remains as calm as possible. Fear, excitement, stress and anxiety will increase the ventilation rate which will result in a marginally faster exhaustion of the oxygen source.